



Unit 1 My day

目标导引

1. 能够听、说、读、写单词和短语：exercise, take, dancing, eat breakfast, have...class, play sports, do morning exercises, eat dinner, clean my room, go for a walk, go shopping, take a dancing class, 并会用这些词语描述相关活动。
2. 能够听懂并理解句子：When do you finish your class in the morning? We finish class at 1 o'clock. 以及 What do you do on the weekend? I often watch TV and play ping-pong with my father. 并能用本课所学短语对不同活动进行询问及回答。
3. 在描述自己日常活动或询问他人的过程中，学会合理安排时间，养成良好的生活习惯；在描述自己或询问他人周末活动的过程中，学会积极、健康地度过周末。

第一课时

新课导入

下面是 Mike 周末的作息时间表，你觉得他的时间安排合理吗？如果合理，请在括号中画“√”；如果不合理，请画“×”。

My name is Mike. I am a boy. I am in Grade Five. This is my timetable.

Mike's Timetable	
get up	11:00
eat breakfast	11:30
watch TV	12:00—17:00
do homework	17:00—17:30
play computer games	17:30—22:30

Is the timetable good? ()



还记得“usually”和“always”的意思吗？

我知道，“usually”是“通常”，“always”是“总是”的意思。



你真棒！“usually”和“always”还有上册学过的“often”都是频度副词，表示动作发生的频率。



精要交流

一、看图，把图片与短语连起来。

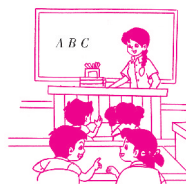
1. have English class

A.



2. do morning exercises

B.



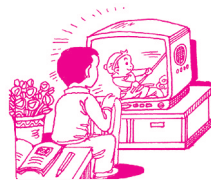
3. eat dinner

C.



4. play sports

D.



5. watch TV

E.



二、听音，补全句子。

1. My mother and I go shopping _____ the weekend.

2. We go to school _____ 7.30 _____ the morning.



3. — _____ do you play the piano?
— I play the piano at 7:00 in the evening.
4. When do you go to school after _____?
5. I _____ go hiking on the weekend.

三、用英语将下列五幅图描述出来。



你知道时间前面应该
用什么词吗?

是不是用“at”这个
介词?



你真棒! 是的, 就是“at”, 它用于具体
的时间前面, 使用时要特别注意。



拓展延伸

阅读短文，判断正误，正确的写“T”，错误的写“F”。

Mike is a man. He is very tall and strong. He usually gets up at 5:30 a.m. And he does morning exercises at 5:50 a.m. Then he climbs mountains (爬山) at 6:00 a.m. And then he goes shopping (购物) at 7:00 a.m. He usually eats breakfast at 8:00 a.m. with me. He is my father.

- () 1. I get up at 5:00 a.m.
() 2. My father does morning exercises at 5:50 a.m.
() 3. My father is very tall and thin.
() 4. I usually eat breakfast at 8:00 a.m.
() 5. I go shopping with my father.

达标检测

一、听音，补全下列单词。

1. u _ _ u _ _ lly 2. d _ _ morning exercises 3. pl _ _ _ sports
4. _ _ _ t breakfast 5. eat di _ _ _ er

二、为下列问句找出相应答语。

- () 1. What do you do in the afternoon?
() 2. When do you eat breakfast?
() 3. Usually I go hiking on the weekend. How about you?
() 4. Do you often watch TV after school?

- A. I usually eat breakfast at 7:00.
B. I often play the piano in the afternoon.
C. No, I don't.
D. Me, too.

三、阅读对话，回答问题。

Amy: Excuse me. Can I ask you some questions?

Policeman: Sure.

Amy: What do you do?

Policeman: I am a policeman.

Amy: When do you go to work?

Policeman: I go to work at 9:00 in the evening.



Amy: When do you eat dinner?

Policeman: I eat dinner at 7:00 in the evening.

Amy: When do you go home?

Policeman: I go home at 5:00 in the morning. I eat breakfast at 6:00. Then I go to bed.

Amy: When do you get up?

Policeman: I usually get up at 12:00. I play sports at about 3:00 in the afternoon.

Amy: Thank you for telling me about your day.

Policeman: You're welcome.

1. Does the policeman go to work at 9:00 in the morning?

2. When does he get up?

3. When does he go home?

4. Does he play sports at about 3:00 in the afternoon?

四、写作。请你仿照上面的短文，采访一下你的家人或朋友，并写出他或她的作息时
间，不少于五句话。

纠错锦囊

聪明的孩子，把本节课上失误的地方总结一下，
赶快收入纠错锦囊吧，以后就记忆深刻了！



第二课时

新课导入

请你说出下列图片中人物的活动。

1.



2.



3.



4.



5.



精要交流

一、听音，判断正误，正确的写“T”，错误的写“F”。

- () 1. I often do homework at home.
 () 2. He always goes to school at 8 00 in the morning.
 () 3. We often go for a walk on Sundays.
 () 4. Daming often eats lunch at 12 00.
 () 5. Zhang Peng usually gets up at 6 30 in the morning.

二、选择填空。

- () 1. — _____ do you get up?
 — I usually get up at 6 00.
 A. What B. When C. How
- () 2. — When _____ you go to school?
 — I usually go to school at 7 30.
 A. do B. does C. go
- () 3. — When do you take a dancing class?
 — I usually take a dancing class _____ 9 00.
 A. at B. in C. on
- () 4. — _____ do you go home?
 — I go home at 5 00 in the morning.
 A. What B. When C. How



为什么每个问时间的句子里都有一个“when”呢？

这个问题问得好！我来回答你吧！“when”是一个特殊疑问词，意思是“什么时候”。因此，它引导的特殊疑问句都是询问时间的。





三、根据表格，从下框中选择合适的单词填空。

usually sometimes often

This is my timetable on the weekend.

visit grandparents	go shopping	clean my room	go swimming
✓ ✓ ✓ ✓	✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓

例：I usually visit my grandparents on the weekend.

- I _____ go shopping on the weekend.
- I _____ clean my room on the weekend.
- I _____ go swimming on the weekend.



这几个频度副词表示的频率从多到少的顺序是不是“usually, often, sometimes”?

你说得非常正确！它们可以使你的表述更准确。其位置可以在主语之前，也可以在实意动词之后。



拓展延伸

根据实际情况回答下列问题。

- What do you do on the weekend?

- When do you go to school?

- When do you eat dinner?

达标检测

一、听音，搭配。

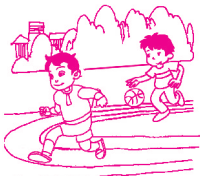
1.



()

A. 7:00 am.

2.



()

B. 8:00 am.

3.



()

C. 6:00 pm.



二、选择填空。

- () 1. —_____ do you do on the weekend?
—I often wash my clothes.
A. What B. When C. How
- () 2. That _____ like a lot of fun.
A. sounds B. sound C. sounding
- () 3. —_____ do you go to work?
—I go to work at 8 00 in the morning.
A. What B. When C. How
- () 4. —I usually play music on the weekend. _____ about you?
—I sometimes cook dinner on the weekend.
A. Who B. When C. How
- () 5. You're so busy! You _____ a robot to help you.
A. need B. needs C. can

三、询问你的同学的作息时间表，并填好下列表格。

Get up		Go for a walk	
Eat lunch		Do homework	
Have a Chinese class		Go to bed	

聪明的孩子，把本节课上失误的地方总结一下，赶快收入纠错锦囊吧，以后就记忆深刻了！



Unit 2 My favourite season

目标导引

1. 能够听、说、读、写单词和短语: spring, summer, autumn, winter, season, picnic, pick, snowman, go on a picnic, pick apples, make a snowman, go swimming, 并能根据实际情况熟练运用。
2. 在询问季节的过程中, 学会用句型: Which season do you like best? Why? I like...best. Because... 来询问并回答最喜欢的季节及其特点。
3. 了解大自然的季节变化, 特别是了解自己所在城市的季节变化。在描述自己喜欢的季节中领略大自然的美好, 并培养自己热爱大自然的情感。

第一课时

新课导入

一、这是一首描写四季的儿歌, 你能用优美的语调朗读出来吗?

What's your favourite season?

Summer, winter,

Spring and fall,

Spring and fall,

Spring and fall.

Summer, winter,

Spring and fall.

What's your favourite season?



这是一首描述季节的儿歌, “spring, summer, fall, winter” 就是春、夏、秋、冬吧?

是的, 而且秋天还有一种说法叫 “autumn”。





二、请你找出属于每个季节特点的词并写在相应的横线上。

hot cool cold warm flowers white green golden moon snow

spring: _____

summer: _____

autumn: _____

winter: _____

精要交流

一、听音，连线。

- | | |
|---------------|----------------------|
| 1. Mike | A. spring and summer |
| 2. Amy | B. autumn |
| 3. Zhang Peng | C. winter |

二、选出不同类的一项。

- | | | | | |
|--------|-----------|-----------|-----------|-----------|
| () 1. | A. season | B. spring | C. winter | D. autumn |
| () 2. | A. autumn | B. spring | C. cool | D. summer |
| () 3. | A. which | B. watch | C. what | D. when |
| () 4. | A. sunny | B. sun | C. cold | D. hot |
| () 5. | A. green | B. plant | C. white | D. golden |

三、选择填空。

- () 1. —_____ season do you like best?
—Autumn. It's always sunny and cool.
A. Which B. When C. How
- () 2. —Which season do you like _____?
—Winter. I can play with snow.
A. favourite B. best C. good
- () 3. —What's your _____ season?
—Spring. I can plant trees.
A. favourite B. best C. good



- () 4. — _____ your favourite season?
—Summer. I can swim in summer.

A. What B. Which C. What's



“Which season do you like best?” 和 “What's your favourite season?” 都可以问对方最喜欢的季节是什么吧？

你真棒！但是要注意句子的整体搭配使用哦！



拓展延伸

根据描述，写出他们分别生活在哪个季节。

- I like playing with snow. But it is hot now. It is always sunny and hot. And I can see many flowers and green trees. _____
- It is very cold. It is often snowy. The trees are white. The houses are white, too. _____
- It is warm and windy. The trees are green. We can plant trees and flowers. _____
- It is my favourite season. It is always cool and sunny. It is golden and farmers are busy. _____

达标检测

一、听音，将下列单词补充完整。

- spr__ng 2. s__mmer 3. f__ll 4. w__nter 5. seas__n

二、根据下面的表格，回答问题。

Season Name	spring	summer	autumn	winter
Wu Yifan			✓	
Amy	✓	✓		
Mike				✓
Zhang Peng				✓

- Which season does Wu Yifan like best?



2. Which season does Amy like best?

3. What's Mike's favourite season?

4. What's Zhang Peng's favourite season?

三、写作。请描述你最喜欢的季节，不少于五句话。

纠错锦囊

聪明的孩子，把本节课上失误的地方总结一下，赶快收入纠错锦囊吧，以后就记忆深刻了！



第二课时

新课导入

一、请把下列季节和相应的活动连线。

1. spring

A.



2. summer

B.



3. autumn

C.

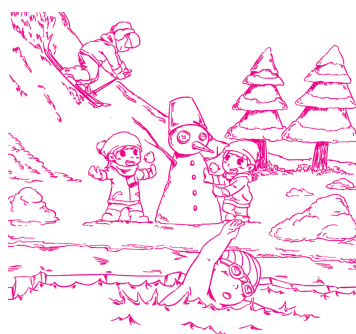


4. winter

D.



二、看图说话，与同桌一起练习。



在这个口语练习中，我们可以用“can”来完成句子，而且后面跟的是动词原形。

你真聪明，在上册书中我们学过“can”的用法，它是情态动词，后面要跟动词原形。





精要交流

一、听音，判断下图与所听内容是否一致，一致的写“T”，不一致的写“F”。

1.



()

2.



()

3.



()

4.



()

二、选择填空。

() 1. I _____ go on a picnic in spring with my family.

A. can

B. likes

C. am

() 2. I like summer best. The weather is _____ and the colours _____ beautiful.

A. good; is

B. warm; is

C. good; are

() 3. What's your _____ season?

A. best

B. favourite

C. good

() 4. —Why do you like winter?

—_____ I can play with snow.

A. Because

B. Why

C. Which

() 5. —Which season do you like best?

—_____. Because the leaves fall and fall and fall.

A. Spring

B. Fall

C. Winter

三、情景对话。

() 1. 当你想知道对方最喜欢的季节是什么，你应该问：_____

A. What do you do in spring?

B. Which season do you like best?

() 2. 当你想知道同学为什么喜欢冬天时，你应该问：_____

A. Do you like winter?

B. Why do you like winter?

() 3. 你告诉别人你最喜欢的季节是夏天时，你应该说：_____

A. I often swim in summer.

B. I like summer best.

() 4. 当别人问你为什么喜欢春天时，你应该说：_____

A. Because it is warm and green.

B. I like spring best.



拓展延伸

阅读短文，回答问题。

It is summer. Zoom and Zip swim in the lake. They are happy. “I like summer,” says Zip. “Why do you like summer?” asks Zoom. “Because I can swim in the lake.”

It is fall. Zoom and Zip go hiking. They eat a lot.

Winter comes. Zoom and Zip don't skate. They sleep.

Spring comes. Zoom and Zip wake up. They fly kites. “I like winter,” says Zoom. “Why do you like winter?” asks Zip. “Because I can sleep for a long time.”

1. What's Zip's favourite season? Why?

2. Which season does Zoom like best? Why?

3. Do they skate in winter?

4. What do they do in fall?

达标检测

一、听音，排序。



()



()



()



()



()

二、填空。

1. —What _____ your favourite season?

—It's summer.

2. —Which season do you like _____?

—I like spring best. What about you?

—I like winter best.

3. I like _____ best. Because I can plant trees.



4. —Why do you like fall?

—_____ I can pick apples in fall. And it's golden.

5. It's winter. It's cold. I can _____.



三、写作。请你观察自己所在城市的四季变化，并写出它们的不同，不少于五句话。

纠错锦囊

聪明的孩子，把本节课上失误的地方总结一下，赶快收入纠错锦囊吧，以后就记忆深刻了！
